



TrueBeauty

Advice you can trust in today's world of beauty

Q

There seems to be a trend in celebrities over-doing it when it comes to Botox and Fillers. Is there a risk of doing too much?

Perfect Balance?



Everyone's concerns are different; communication is the key.

The spring- summer issue of New Beauty magazine this year featured an article, "OVER-INJECTED CELEBRITIES, have they gone too far?" The article highlighted examples of what we all have seen: distorted features, a bloated appearance, and a frozen look— even to the point of where you can barely recognize their once beautiful faces.

At the **Center for Plastic & Reconstructive Surgery**, we believe that there is an art to finding the perfect balance and just like cosmetic surgery, there is always a risk of over-doing it. It is important to consult with an experienced professional that you can trust and has the appropriate credentials and experience to ensure a satisfying result. Everyone's concerns are different, so communicating your expectations is crucial.

Also, follow the recommended timelines for all of your Aesthetic services to maintain your natural, balanced look, for example:

Botox or Dysport: Every 3-4 months

Dermal Fillers: Every 6-12 months

Corrective skin care treatments:
Every 3-4 weeks

IPL (photo facials): Every 4 weeks

Laser Hair Reduction: Every 6-8 weeks

Great skin care: Every day



Q

I would like to have something done to eliminate the skin on my eyelids so I look less tired. Is there a simple procedure for this?

Simple Eyelid Lift

There are many procedures that can be done to improve the cosmetic appearance of eyelids when excess skin is the problem. Non-surgical treatments including chemical peels or laser resurfacing can tighten unwanted excess skin. In addition, Botox or Dysport can be used to reduce wrinkles around the eyes.

For a more complete rejuvenation, skin can be surgically removed from the upper, and sometimes the lower eyelids, under local anesthesia in our office. This procedure is relatively painless and the recovery is very quick. It's an easy way to feel better about the way your eyes look, and to look less tired. Having this procedure done under local anesthesia is easy on your recovery and your wallet.



CENTER FOR PLASTIC & RECONSTRUCTIVE SURGERY

■ This beauty Q&A with expert Gina Thompson is brought to you by The Center for Plastic & Reconstructive Surgery, Reichert Health Area, Aesthetics Suite 5008. For appointments and information, call 734-712-2323

Winter

SPECIALS*



Staff Favorite

I absolutely love the Physical Fusion SPF 50 from SkinCeuticals. It provides great sun protection, goes on like satin, evens out my skin tone and helps my make-up stay on all day. I get compliments whenever I put this on and it is so light, you can barely tell it's there!

– Karen Eathorne, *Aesthetic Receptionist*

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WAS: \$125 NOW: \$75 (save \$50)



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This season save 10% off ALL professional skin care products until Christmas!

For additional savings after the holidays– follow us on Facebook.

As we enter the drier winter season, you may need to alter your skin care program.

Here are some winter skin tips:

- Switch your active cleanser for a more hydrating, calming one... *Purifying Cleanser* from GlyMed Plus, *Gentle Cleanser* from SkinCeuticals
- Create a cleaner surface for better product penetration... *Clarisonic Cleansing Brush*
- Reduce your usage of products that encourage cell turnover to 3-4 times per week instead of every day... *Retrinal .05% + or .1% +* from Avène, *Retinol Restart Serum or Cream* from GlyMed Plus
- Add a layer of hydration under or over your current moisturizer... *Repair Cream* or *Ultra Hydro Gel* from GlyMed Plus
- Use a targeted eye cream to soften lines and hydrate this delicate area... *AOX Eye Gel* in the morning and *A.G.E. Eye Cream* at night- both from SkinCeuticals

*Not valid with other discounts or offers. Some restrictions apply.



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